

EDN Atelier
Dance and Resilience
10 – 12 April 2024
Welcome Pack

Dear Friend,

We are very pleased to welcome you to Prague for EDN Atelier on Dance & Resilience, we hope you will feel at home here.

Below you will find all the necessary information for your stay. In case you need anything else, don't hesitate to contact us.

Warmest wishes,

Tanec Praha team

CONTACTS

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PROGRAMME

Tuesday, 9 April

Arrivals

From 14:00 shows: last day of Czech Dance Platform

Wednesday, 10 April

14:00 @Studio Krenovka

Artists living and working in Ukraine & artists living and working in EU, CZ – sharing experiences

with Julia Grishina, Khrystyna Slobodianiuk, Oleksandr Manshilin (all UA), Yana Reutova (UA/CZ), Nika Horiacha (UA/ES), Rita Lira (UA/FR)

17:00 @Čítárna Unijazz

Creative management in a conflict zone

with Oleksandr Manshilin (UA), Ukrainian artists from EU: Yana Reutova (UA/CZ), Nika Horiacha (UA/ES), Rita Lira (UA/FR)

Viktor Ruban (UA) & Yaroslav Kaynar (UA) - on Zoom

Moderator: Yvona Kreuzmannová (CZ)

Dinner

20:00 @PONEC – dance venue

Unity in Motion

Projection **Let the Body Speak** (30 min) &

Performance **Yana Reutova (UA/CZ): Together Alone – Lost** (20 min)

Thursday, 11 April

10:00 – 11:00 @Studio Krenovka - open to artists, dancers, professionals

Warm up with Marta Ladjanszki

11:15 – 13:00 @Čítárna Unijazz

Dance & Resilience in V4 countries

Discussion on political influences on the independent scene in HU, CZ, SK, PL

with Ryszard Kalinowski (PL), Marta Ladjanszki (HU), Orsolya Bálint (HU), Marek Godovič (SK)

Facilitator: Ema Šlechtová (CZ)

Lunch

15:00 – 17:00 @Studio Krenovka

Video presentations & networking with artists from Ukraine and V4 countries

Friday, 12 April

10:00 – 11:00 @Studio Krenovka - open to artists, dancers, professionals

Warm up with Yana Reutova

11:15 – 13:00 @Čítárna Unijazz (hybrid format TBC)

Dance & Resilience in Ukraine and V4 countries

summary, final round table discussion

Moderators: Yvona Kreuzmannová & Ema Šlechtová (CZ)

Afternoon: Departure

VENUES

All venues are very close to each other. Below you can find their exact addresses and links to their locations on Google Maps.

Studio Krenovka

Husitská 22, 130 00 Praha 3 Žižkov

Unijazz

Husitská 22, 130 00 Praha 3 Žižkov (downstairs; same building as Studio Krenovka)

PONEC – divadlo pro tanec / dance venue

Husitská 899/24A, Praha 3

www.divadloponec.cz

Public transport connection to all the venues:

Metro C – Florenc (10 min walk)

Bus 133, 175, 207 – U památníku nebo u Pernerova

ARRIVAL / DEPARTURE – Airport / train station

You can easily take the [Airport Express](#) from the airport. Its route ends at Main Railway Station (Hlavní nádraží station), which is in the city center.

The Airport Express bus tickets may be purchased in the Visitors Centre at Arrival Hall or directly from the driver (100 CZK – approx. 4€).

From the Main Railway Station (Hlavní nádraží station) you can easily reach the tram n. 9, 15, 26, 5.

ACCOMMODATION

If your accommodation was booked by us, your hotel is [Hotel Ariston](#).

Hotel Ariston & Ariston Patio

Seifertova 65

130 00 Prague 3

Czech Republic

CITY TRANSPORTATION

Prague has one of the most comprehensive transportation networks in the world.

Information about public transportation in Prague only (metro, tram, buses): <https://pid.cz/en/>

Information about public transport in Prague as well as train and bus connection in the Czech Republic is available at: www.idos.cz

METRO

Prague Metro has 3 lines marked A (green), B (yellow), C (red).

Metro operation hours: Monday – Thursday 5:00 – 24:00 / Friday – Sunday 5:00 – 01:00

TRAM

Day lines (routes 1 – 26) operate from 4:30 – 24:00

Night lines (routes 91 – 99) operate from 24:00 – 4:30

TICKETS

Traveling by public transportation is only possible with a valid ticket. Passengers must obtain their tickets before boarding the vehicle or entering the metro system. The ticket is valid only if marked. Tickets can be bought at metro stations or at convenience stores, newsstands, hotels, etc. Single tickets can also be bought from machines located in metro stations or near some of the tram or bus stops or in the trams and buses themselves. In some trams, a ticket machine accepts contactless credit/debit cards for payment.

Mobile application "PID Lítačka"

The mobile app "PID Lítačka" is available for download in Google Play and Apple Store. It offers all tickets for Prague Integrated Transport. You can even search your connection in the app and the application suggests the most suitable ticket. You can pay for the ticket using your credit/debit card, Mastercard or Apple Pay. Before you use the ticket, you need to activate it in the

application (can be done automatically after the purchase or manually later). The validity of the ticket starts two minutes after the validation, so remember to activate the ticket in advance.

FARES

CZK 40 – 90 minutes

CZK 30 – 30 minutes

CZK 120 – 24 hours

CZK 330 – 72 hours

PRACTICAL INFORMATION

EMERGENCY PHONE NUMBER

The following emergency services have only three-digit phone numbers. You can also reach them by mobile phones without a SIM card and they are free.

Universal European emergency telephone number: 112

Police: 158

City police: 156

Firefighters: 150

Ambulance: 155

LANGUAGE

The official language is Czech. Most of the people have at least basic knowledge of English.

ELECTRICITY

To connect to the power grid, Czechs use the Europlug (which is usually two – pronged) also typical for Poland, Greece, Germany and France, if you come from some place else get an adaptor (f.e. at the airport)

WATER

Tap water is perfectly fine and safe to drink. Most of the restaurants serve tap water for free, but some might charge for that.

SMOKING

Smoking is prohibited in public areas (public transport platforms – bus and tram stops, train stations, on public transport, in cultural facilities, in healthcare facilities). Smoking is also prohibited in all dining establishments and in all closed spaces.

LGBTQ

The Czech Republic is considered one of the most liberal Central European countries with regard to lesbian, gay, bisexual, transgender rights. In 2006 it legalized registered partnerships for same-sex couples. Check in to a double hotel room should not be a problem.

CURRENCY AND EXCHANGE

The official currency of the Czech Republic is Czech crown (koruna), abbreviated as Kč, or internationally known as CZK. The approximate value of 100 CZK is for now 4 EUR.

Do not exchange your money at the airport or Main Railway Station.

TAXI

Don't get into a taxi that is parked in front of the train station or at a tourist site, they would rip you off.

If you want to make sure you will pay a fair rate, it is always better to **call a taxi** or the best is to use Uber, Bolt or a Czech alternative app - Liftago.

HEALTH SERVICE

Health care providers within the EU accept all patients with a European health insurance card. In case of acute illness or injury you will be treated by any hospitals. The most central hospital emergency ward is at Na Františku hospital on the ground floor. The hospital is located by the river at Na Františku 8, Prague 1.

Nearest 24/7 pharmacy:

Lékárna U svaté Ludmily Belgická Praha 2 NONSTOP
Belgická 238/37, Praha 2 Vinohrady

Emergency service for foreigners:

Fakultní nemocnice v Motole (University Hospital Motol)

V Úvalu 84, Prague 5, tel. +420 224 438 590

<https://www.fnmotol.cz/>

Mo - Fr 19:00 – 06:30; weekends and holidays nonstop

Health Care Services for Foreigners, tel. +420 224 433 681, +420 224 433 692

EATING OUT

What is local food? It is hard to say since most of Czech cuisine is a mix of Austro – Hungarian traditional cuisine with occasional German, Polish or Hungarian influences.

Safe bets includes:

Svíčková – a slow cooked beef in a sweet creamy vegetable sauce

Fruit dumplings – a favourite sweet food, you can't go wrong with these.

Chlebíček – a small, delightfully arranged open faced sandwich on white bread that Czechs often make or buy when they celebrate and want some easy finger food.

Větrník – a pastry shop favourite made of puff pastry filled with white and caramel whipped cream and topped with a sweet caramel glaze.

WHERE TO EAT

(close to the venues)

Indian by Nature <http://www.ibn-restaurant.cz/>

Pernerova 478/1, 186 00 Praha 8 – Karlín; Tel.: +420 601 200 198

Mon – Fri 11:00 – 23:00, Sat 12:00 – 22:30

NEJEN BISTRO <http://www.nejenbistro.cz/>

Křížkova 24, Praha 8 – Karlín; Tel.: +420 721 249 494

Mon – Fri 11:00 – 23:00, Sat + Sun closed

Lokál HAMBURK <https://lokál-hamburk.ambi.cz/cz/>

Czech cuisine, Pilsner Urquell beer pub

Sokolovská 55, Praha 8; Tel.: +420 222 310 361

Mon – Sat 11:00 – 24:00, Sun 11:00 – 23:00

Dva kohouti <https://www.dvakohouti.cz/>

Local brewery with beer garden

Sokolovská 81/55, 186 00 Praha 8, Tel.: +420 604 611 001

Mon – Fri 15:00 – 01:00, Sat 12:00 – 01:00, Sun 12:00 – 22:00

Cihelna La Familia <https://cihelnalafamilia.cz/>

Pizzeria, ristorante, international and Czech cuisine

Křížíkova 179/26, Praha 8 – Karlín, Tel.: +420 222 311 233

Mon – Sun 11:00 – 24:00

Dhaba Beas

<https://dhababeas.cz/>

Self-service vegetarian and vegan restaurant, traditional Indian, Thai, Vietnamese and Czech cuisine.

Na Poříčí 1046/24, 110 00 Praha 1, Tel.: +420 725 963 536

Mon – Fri 11:00 – 21:00, Sat + Sun 12:00 – 20:00

CAFÉ

Kasárna Karlín – Café BAZÉN <https://www.kasarnakarlin.cz/cs/program/kavarna>

Prvního pluku 20/2 by Negrelli viaduct

Mon – Fri 13:00 – 22:00, Sat + Sun 10:00 – 22:00

Parlor Café <https://www.parlor.cz/?lang=en>

Křížíkova 197/37, 186 00 Karlín

Mon - Fri 8:00 - 18:00, Sat - Sun 9:00 - 18:00

Můj šálek kávy <https://mujsalekkavy.cz/en/?setLg=en>

Křížíkova 386/105, 186 00 Praha 8-Karlín,

Tel: +420 725 556 944

Mon - Sat 9:00 - 21:00, Sun 10:00 - 18:00

EMA Espresso Bar <https://www.emaespresso.com/>

Na Florenci 3, Prague 1

Mon - Fri: 8:00 - 18:00

Sat - Sun: 10:00 - 18:00

Thámová 13, Prague 8

Mon - Fri: 8:00 - 18:00

Sat - Sun: 10:00 - 18:00

We look forward to seeing you in Prague!



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the European Union**